

## IV Infusion Solutions

### Restore, Rehydrate and Revitalize your System

A modern lifestyle is high stress and places many demands on your body. Self-care through IV nutrition is a practical and effective way to replenish and restore your body so you can achieve your goals and feel your best.

Choose from one of our popular infusions below and ask about customizing your infusion to meet your specific needs.

#### **MODIFIED MYER'S COCKTAIL [BASE FORMULA]**

**\$75 /30 mL (250mL IV bag)**

Effective against acute asthma attacks, migraines, fatigue, acute muscle spasm, upper respiratory tract infections, chronic sinusitis, seasonal allergic rhinitis and cardiovascular disease.

Contains: Vitamin C 2000mg/Pyridoxine (B6) 100mg/ Methylcobalamin 5mg/ Calcium Gluconate 500mg/ Magnesium sulfate 1000mg/ B-Complex 2ml per 30mL

#### **ALCOHOL "HANGOVER" RECOVERY**

**\$165**

Reverses the symptoms of alcohol intoxication/toxicity through IV hydration and replenishment of nutrients with Zofran to reduce nausea.

Contains: 30mL Myer's base/ 1mL Methylcobalamin injection/ 2mL Magnesium/ 10mL L-Glycine (push)/ 1mL Trace Mineral-4/ 3mL Glutathione (push)/ 4mg (2mL) Zofran/ 1000mL saline bag

#### **ATHLETIC PERFORMANCE**

**\$250**

Improves muscular performance; increases blood flow; improves endurance; assists with hydration.

Contains: 30mL Myer's/ 10mL Bi-Amino/ 3mL Glutathione (push)/ 10mL L-Taurine/ 10mL L- Glycine (push)/ 5mL L-Carnitine/ 500-1000mL saline bag

#### **ATHLETIC RECOVERY/ANTI-CATABOLIC**

**\$160**

Assists with muscle recovery after exercise; reverses catabolic breakdown of muscle tissue.

Contains: 30mL BCAA combo (preservative free) / 10mL L-Glutathione (push)/ 5mL Bi-Amino (push)-500mL saline bag

#### **ANXIETY/PAIN/MIGRAINE**

**\$180**

Helps reduce anxiety and muscle spasms/ pain and reduces symptoms of migraines.

Contains: 30mL Myers/ 5mL Magnesium/ 10mL L-Taurine/ 3mL B-Complex/ 10mL L-Glycine (push)/ 3mL Bi-Amino (push)/ 500mL saline bag

#### **IMMUNE BOOSTER/ANTI-VIRAL**

**\$180**

Treats acute viral and bacterial infections; boosts immune function; reduces symptoms of illness.

Contains: 60mL Ascorbic Acid (Vitamin C)/ 500mL saline bag

#### **EXECUTIVE STRESS**

**\$325**

Treatment for symptoms resulting from a high level of physical/mental stress due to workload, travel, poor diet, etc.

Bag 1: 500mL saline: 30mL Ascorbic Acid (Vit. C) Bag 2: 500mL saline/ 1.5mL Dexpantenol (B5)/ 3mL Pyridoxine (B6)/ 0.5mL Methylcobalamin/ 6mL Magnesium/ 10mL Calcium Gluconate/ 5mL Niacin (B3)/ 5mL Zinc/ 10mL Glutathione (push)/ 3mL Bi-Amino (push)/ 5ml Alpha Lipoic Acid (push)



## IV Infusion Solutions (cont'd)

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### ANTI-HYPERTENSIVE INFUSION

\$85

Several important metabolic and biological effects, which include improving vascular function.  
*30mL L-Arginine/ 100-250mL saline bag/ drip slow over 1 hour.*

### ANTIOXIDANT/DETOXIFICATION

\$85

Antioxidant combination to reduce levels of oxidation and inflammation; assists the liver with detoxification.  
*1000mg L-Glutathione (5mL) can be mixed in syringe with 5mL – 10mL of sterile water or saline and administered by push over 3 – 5 minutes during IV infusion (250mL saline bag)/ 250mg Alpha Lipoic Acid (10ml) mixed in syringe with 5mL – 10mL of sterile water or saline and administered by push over 10 minutes.*

### CARDIO-LIPO INFUSION

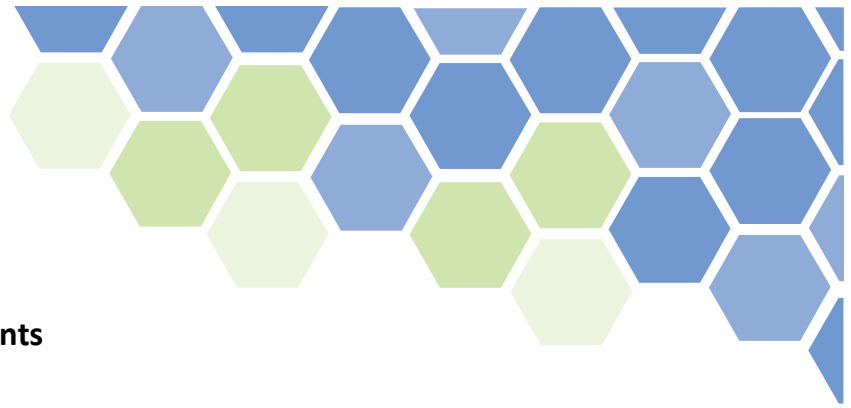
\$200

Improves fat transport and metabolism; promotes cardiovascular health.  
*6mL L-Carnitine/ 10ml Bi-Amino/ 10ml Taurine/ 1mL B- Complex/ 10mL L-Glutathione (push)/ 1mg Methylcobalamin injection.*

### VITAMIN/MINERAL REPLETION

\$85

Restores nutrients depleted from heavy/prolonged physical activity and/or macronutrient deficiencies.  
*4mL Magnesium/ 1mL Trace Mineral 4/ 2mL B-Complex/ 4mL Dexpantenol (B5)/ 5mL Calcium Gluconate/ 500mL saline bag.*



## IV Infusion Solutions

### Build Your Own IV Cocktail: Injectable Nutrients

#### **ASCORBIC ACID (Vitamin C) (500mg/mL) \$90 30 mL**

Immune booster, anti-viral, anti-biotic, antihistamine. Helps with fatigue and chronic illness.

*NOTE: Must be used in 30mL increments. 30-60mL recommended for anti-viral/antibiotic effect. Use at least 500mL saline IV bag when using higher amounts.*

#### **B-COMPLEX \$7 mL**

**(B1, B2, B3, B5, B6, B7, B9)**

Improves mood, energy, metabolic function. Can help alleviate depression.

*NOTE: 1-5mL added to Myer's cocktail or saline bag.*

#### **B5 – DEXPANTHENOL (250mg/mL) \$7 mL**

Critical in the formation of Coenzyme A, a molecule that helps a large amount of enzymes function in the body and for energy production in general.

*NOTE: Add 250-500mg (1-2mL) to IV solution.*

#### **B12 – METHYLCOBALAMIN 1mg/mL \$7 mL**

Mood, energy, increases appetite, can help alleviate depression.

*NOTE: 1-5 mL administered intramuscular during IV treatment.*

#### **BCAA (Branched-Chain Amino Acid-PF) \$90/30mL**

Muscle synthesis and recovery; anti-catabolic, prevents breakdown of muscle tissue (15mg L-leucine/10mg L-isoleucine/40mg L-valine per mL).

*NOTE: Start with 30mL and increase by 30mL each session to assess tolerance.*

#### **BI-AMINO \$6 mL**

Increases Nitric Oxide (NO<sub>2</sub>). Improves circulation, growth hormone production, and muscular endurance. May help to reverse migraines. (L-Arginine 100mg/mL, L-Citrulline 100mg/mL).

*NOTE: Start with 1mL up to 5mL maximum.*

#### **L-CARNITINE (500mg/mL) \$7 mL**

Assists with fatty acid metabolism and weight control; myocardial infarction protection; might be good for circulation disorders; promotes cellular energy; reduces fatigue.

*NOTE: 2-4 mL by push or diluted in saline IV bag*

#### **L-GLUTATHIONE (200mg/mL) \$6 mL**

Potent antioxidant, repairs damaged cells, detoxifies the liver, boosts immune system, assists in the metabolism of toxins.

*NOTE: Start with 3ml (600mg) over 10-15-minute push. Increase by 1cc (mL) each visit to 10mL maximum (2000mg).*

#### **L-GYCINE (50mg/mL) \$3 mL**

Amino acid which helps improve mood, energy, muscle performance.

*NOTE: Recommended minimum of 5mL up to 10mL.*

#### **L-TAURINE (50mg/mL) \$5 mL**

Helps to maintain cellular mineral transport levels.

*NOTE: 4-10 mL by push or diluted in saline IV bag.*

#### **MAGNESIUM (500mg/mL) \$2.50 mL**

Replenishes depleted minerals; muscle relaxant and pain relief; has calming effect which can help with relaxation/sleep.

*NOTE: Start with 2mL and can increase up to 6mL.*

#### **NIACIN (100mg/ml) \$7 mL**

Helps the body make various sex and stress-related hormones; improves circulation and may suppress inflammation. May cause flushing in some patients.

*NOTE: Start with 500mg in 500mL or 1000mL saline bag and titrate up by 500mg each session if tolerated well.*



## IV Infusion Solutions

### Build Your Own IV Cocktail: Cont'd

**PYRIDOXINE (B6)- (100mg/mL) \$7 mL**

Lowers homocysteine; alleviates depression; improves mood.

*NOTE: Add 100-300mg (1-3mL) to IV solution.*

**TRACE MINERALS \$45 mL**

(Zinc/Copper/Manganese/ Selenium)

Replenishes trace mineral levels to support bodily function and the immune system, combat oxidative stress, and more.

**ZINC SULFATE (10 mg/mL) \$5 mL**

Helps support the immune system and may temporarily inhibit adrenal production of cortisol.

**ADDITIONAL SALINE IV BAG:**

500mL- \$10                      1000mL - \$15

### INDIVIDUAL INJECTIONS: (in office)

|  |      |
|--|------|
| <b>B12 Methylcobalamin</b> 1mg             | \$10 |
| <b>BCAA</b> Leucine/isoleucine/valine 1mL  | \$20 |
| <b>B-Complex</b>                           | \$20 |
| <b>D3</b> 100,000iu                        | \$20 |
| <b>L-Carnitine</b> 500mg/ml                | \$20 |
| <b>L-Glutathione</b> 200mg/ml              | \$20 |
| <b>L-Glycine</b> 50mg/ml                   | \$20 |
| <b>L-Taurine</b> 50mg/ml                   | \$20 |
| <b>Lipo-B</b> (MIC/B12)                    | \$20 |
| <b>Bi-Amino</b> (L-Arginine, L-Citrulline) | \$20 |