



LIPO-C Injections

LIPO-C is a lipotropic injection designed to stimulate the body's fat-burning process and preserve muscle. Lipotropics can be used to support a weight loss plan that also includes a healthy diet and exercise.

LIPO-C injections include:

- **L-Carnitine** – This amino acid helps the body break down fat and convert it to energy.
- **Choline** – Choline also helps the body turn fat into energy. It helps keep the liver healthy, supports brain growth, aids in muscle movement, and keeps the nervous system functioning properly, as well.
- **L-Methionine** – Methionine is an important amino acid for building muscle and helping the body make proteins. When used alongside a calorie deficit, Methionine may prevent loss of muscle mass.
- **B5 (Dexpanthenol)** – This vitamin helps with the breakdown of fats and carbohydrates into energy. It also contributes to the creation of red blood cells and sex hormones.

Suggested Dose

1. 1 to 3 mL delivered 2-3 times per week via subcutaneous or intramuscular injection.

Dosage depends on the intent of treatment and the patient's response. Patients should follow their provider's instructions on how much and how often to utilize LIPO-C injections.

How do I Administer LIPO-C Injections?

Typically, LIPO-C shots can be administered as a subcutaneous injection into the fatty layer of the skin. Sometimes LIPO-C shots may be delivered via intramuscular injection for faster absorption and/or larger doses.

Defy Medical allows patients to order the LIPO-C vial, along with injection materials like needles and syringes, alcohol wipes, and sharps disposal containers. Our team also provides [in-depth guidance](#) on how to self-administer injections.

Patients local to Florida can visit the [Defy Medical Tampa Clinic](#) to have our trained staff administer their LIPO-C injection. They can receive additional nutritional support from our [customized IV infusions](#), as well.

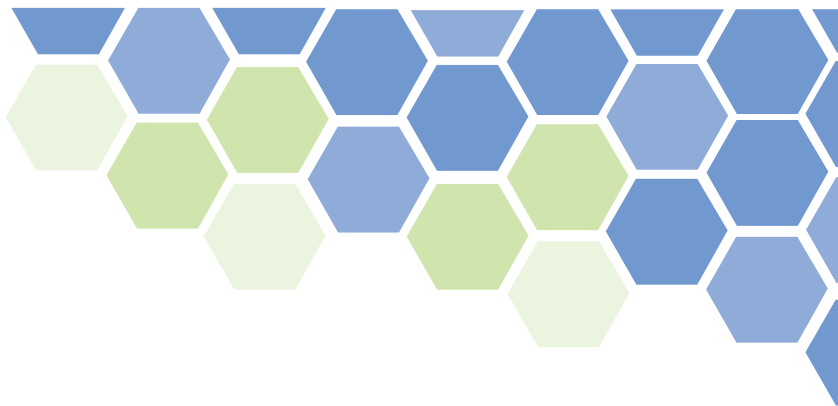
What are Lipotropics?

Lipotropic nutrients ensure that excess fat is used for energy instead of stored within the body (which leads to fat gain). These nutrients also help the body get rid of fat from the liver. When bile and fat build up, it can slow the metabolic rate and prevent the body from burning and discarding fat correctly.

Combination Therapies:

LIPO-C Injections shots can be combined with other medications and supplements as appropriate under the supervision of a provider. The following products may be co-administered to potentiate effects:

- B12 Injections
- Defy Medical's Fat Loss Kit (Combination LIPO-C and B12)
- B-Complex Injections
- Lipo Burn weight management products
- Bella weight management products
- LipoSculpt cream
- NAD+ Injections



Type	Vial Size	SKU	Price
LIPO-C	10mL	221-aps	\$59
LIPO-C	10mL	221-hal	\$59
LIPO-C	10mL	221-emp	\$65
LIPO-C	30mL	108-hal	\$99
LIPO-C	30mL	108-emp	\$99
Fat Loss Kit (LIPO-C/B12)	30mL, 10mL	978-emp	\$159